

Why

When they are not used to it people need support to deal more effectively with change. Making people aware of what happens during change or when one lives in a highly changeable environment results in a more stable, serene and effective response to changing circumstances.

Teaching people how to deal with change is a more beneficial approach than trying to handle different emotions every time change occurs.

How & What

The journey through the land of the never-ending story is a three-hour workshop where participants travel through four regions: Nonoland, Turbulancia, Mountain Path and Clear View Mountain.

During this trip participants learn (by exchanging and receiving tips and advice) how to deal with the challenges of each region. It is a fun and a rather emotional journey that creates connection and introduces a common frame of reference that makes talking about and handling change a lot easier and more effective.

