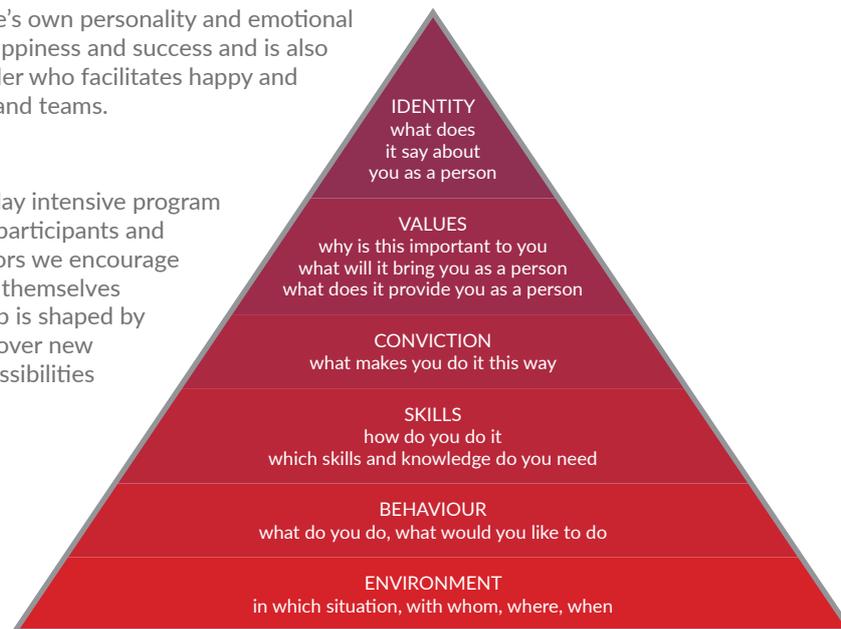


Why

Because insight into one’s own personality and emotional patterns is crucial for happiness and success and is also essential to being a leader who facilitates happy and productive co-workers and teams.

How

During a three or four-day intensive program with a small number of participants and highly qualified facilitators we encourage participants to discover themselves and how their leadership is shaped by their past. Also, we discover new pathways and future possibilities to develop participants’ leadership roles.



What

	Day 1	Day 2	Day 3	Day 4
Morning	Introduction: create connections and safety between participants; kick-off small learning groups.	Shaping one’s background: reflective introduction on the elements that shape leadership. Exercise to explore patterns from the past.	Explore personal topics in small learning groups allowing time for the in-depth exploration of the personal questions/topics of each participant.	Explore personal topics. Move towards an integration of all elements through the use of the Walt Disney technique (dreamer, planner and evaluator). Work in groups of 3 to coach each other.
Afternoon	Explore current leadership within its context by using a creative work method: story writing. Share and analyze in small learning groups.	Explore personal topics in small learning groups allowing time for the in-depth exploration of the personal questions/topics of each participant.	Identify core values using the value card set and exchange between participants. Develop a vision as a leader: what do I stand for?	Prepare and pitch: my vision as a leader. Voice of the past. Wrap-up.
Early evening	Stress management + exercise. Or an exercise to discover more about how participants shape an unstructured environment.	Leadership: identify possibilities through an alternative work method, most often theater.	Explore personal topics in small learning groups allowing time for the in-depth exploration of the personal questions/topics of each participant.	